

**INDIAN SPRINGS SCHOOL DISTRICT 109
WELLNESS POLICY**

Needs Assessment & Annual Evaluation Tool

School *Arld Avenue*


Evaluation Date *1-27-16*

Goals for Nutrition Education

Policy Goals	Ok	Needs Improvement/Actions
Schools will support and promote good nutrition for students.	✓	
Schools will foster the positive relationship between good nutrition, physical activity, and the capacity of students to develop and learn.	✓	
Nutrition education will be part of the District's comprehensive health education curriculum.	✓	

Goals for Physical Activity

Policy Goals	Ok	Needs Improvement/Actions
Schools will support and promote an active lifestyle for students.	✓	
Physical education will be taught in all grades and shall include a developmentally planned and sequential curriculum that fosters the development of movement skills, enhances health-related fitness, increase students' knowledge, offers direct opportunities to learn how to work cooperatively in a group setting, and encourages healthy habits and attitudes for a healthy lifestyle.	✓	
Unless otherwise exempted, all students will be required to engage daily during the school day in a physical education course.	✓	
The curriculum will be consistent with and incorporate relevant Illinois Learning Standards for Physical Development and Health as established by the Illinois State Board of Education.	✓	


 Site Administrator Signature

1-27-16
 Date


 LEA Reviewer Signature

1-27-16
 Date

**INDIAN SPRINGS SCHOOL DISTRICT 109
WELLNESS POLICY**

Needs Assessment & Annual Evaluation Tool

School *Academy*

Evaluation Date *2-1-16*

Goals for Nutrition Education


Policy Goals	Ok	Needs Improvement/Actions
Schools will support and promote good nutrition for students.	✓	
Schools will foster the positive relationship between good nutrition, physical activity, and the capacity of students to develop and learn.	✓	
Nutrition education will be part of the District's comprehensive health education curriculum.	✓	

Goals for Physical Activity

Policy Goals	Ok	Needs Improvement/Actions
Schools will support and promote an active lifestyle for students.	✓	
Physical education will be taught in all grades and shall include a developmentally planned and sequential curriculum that fosters the development of movement skills, enhances health-related fitness, increase students' knowledge, offers direct opportunities to learn how to work cooperatively in a group setting, and encourages healthy habits and attitudes for a healthy lifestyle.	✓	
Unless otherwise exempted, all students will be required to engage daily during the school day in a physical education course.	✓	
The curriculum will be consistent with and incorporate relevant Illinois Learning Standards for Physical Development and Health as established by the Illinois State Board of Education.	✓	


 Site Administrator Signature


 Date


 LEA Reviewer Signature


 Date

**INDIAN SPRINGS SCHOOL DISTRICT 109
WELLNESS POLICY**

Needs Assessment & Annual Evaluation Tool

School LYCE

Evaluation Date 2-1-2016

Goals for Nutrition Education

Policy Goals	Ok	Needs Improvement/Actions
Schools will support and promote good nutrition for students.	✓	
Schools will foster the positive relationship between good nutrition, physical activity, and the capacity of students to develop and learn.	✓	
Nutrition education will be part of the District's comprehensive health education curriculum.	✓	

Goals for Physical Activity

Policy Goals	Ok	Needs Improvement/Actions
Schools will support and promote an active lifestyle for students.	✓	
Physical education will be taught in all grades and shall include a developmentally planned and sequential curriculum that fosters the development of movement skills, enhances health-related fitness, increase students' knowledge, offers direct opportunities to learn how to work cooperatively in a group setting, and encourages healthy habits and attitudes for a healthy lifestyle.	✓	
Unless otherwise exempted, all students will be required to engage daily during the school day in a physical education course.	✓	
The curriculum will be consistent with and incorporate relevant Illinois Learning Standards for Physical Development and Health as established by the Illinois State Board of Education.	✓	

Site Administrator Signature

Y. Hammett

Date

2-1-16

LEA Reviewer Signature

Shirley R. Johnson

Date

2-1-16

**INDIAN SPRINGS SCHOOL DISTRICT 109
WELLNESS POLICY**

Needs Assessment & Annual Evaluation Tool

School Wickers **Evaluation Date** 1-27-16

Goals for Nutrition Education

Policy Goals	Ok	Needs Improvement/Actions
Schools will support and promote good nutrition for students.	X	
Schools will foster the positive relationship between good nutrition, physical activity, and the capacity of students to develop and learn.	X	
Nutrition education will be part of the District's comprehensive health education curriculum.	X	

Goals for Physical Activity

Policy Goals	Ok	Needs Improvement/Actions
Schools will support and promote an active lifestyle for students.	X	
Physical education will be taught in all grades and shall include a developmentally planned and sequential curriculum that fosters the development of movement skills, enhances health-related fitness, increase students' knowledge, offers direct opportunities to learn how to work cooperatively in a group setting, and encourages healthy habits and attitudes for a healthy lifestyle.	X	
Unless otherwise exempted, all students will be required to engage daily during the school day in a physical education course.	X	
The curriculum will be consistent with and incorporate relevant Illinois Learning Standards for Physical Development and Health as established by the Illinois State Board of Education.	X	

 Site Administrator Signature

1-27-16
 Date

 LEA Reviewer Signature

1-27-16
 Date